

WPUNJ Professional Counseling Program Application Essay

Counseling means different things to different people. Please answer the following questions, making sure to number your responses. This is a chance for you to show your ideas and your writing skills.

Submissions should address each question. Documents should be double spaced and no more than 2 pages.

1. In general terms, not specific to school or clinical mental health setting, tell us your ideas about counseling and what it entails.
2. What are the benefits of counseling?
3. Some people who could benefit from counseling do not seek it as a resource. What do you believe are social and cultural barriers that might keep people from seeking counseling services?